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Dear Sisters and Brothers,

In 1988, R.E.S.T. (**R**esident **E**astern **S**tar **T**oday) was formed. It evolved from the Grand Chapter Relief Fund. The purpose of R.E.S.T. is to provide emergency and/or financial assistance to eligible Eastern Star sisters, enabling them to remain in their own home. If an assisted living facility is necessary for medical or personal care, the sister may utilize facilities near her own family and friends. Eastern Star sisters who have maintained a continuous Florida Eastern Star membership for 10 or more years are eligible to receive assistance based upon financial need. The applicant will not be required to repay or forfeit personal properties to meet the qualifications for assistance from the R.E.S.T. Fund.

R.E.S.T. Night should be observed at your second or only stated meeting in October. You can request your District Chairman to come speak about R.E.S.T. on that night. Donations in the form of silver drills, memorials, or fundraisers are appreciated.

Remember, you can also donate to this worthy cause at any time in addition to the required meeting in October. We are sworn to give aid to our Sisters in their misfortunes, and this is an excellent way to live up to our Obligation.

In Star Love,

Callie Bewley
R.E.S.T. Sub-Committee Chairman

Sent with the approval of the Worthy Grand Matron